



OCTOPUS

carpaccio

READY
TO EAT

NO ADDITIVES
NO PRESERVATIVES





OCTOPUS

carpaccio

Ingredients: Octopus (*Octopus Vulgaris*), salt, vinegar

Shelf life 45 days.

Keep refrigerated at temperature 1°C - 5°C

After opening, keep refrigerated and consume within 3 days.

Suitable for freezing: freeze by date mark shown and use within one month.

Defrost thorough before use.

Once defrosted (in refrigerator) consume within 24 hours.

Defrost thorough before use.

Nutrition Declaration	Per 100g	%RI*
Energy	485kJ/114kcal	3%
Fat	0,8g	<1%
of which saturates	0,4g	< 1%
Carbohydrate	6,3g	1%
of which sugars	< 0,1g	< 1%
Fibre	0g	0%
Proteins	20,5g	21%
Salt	1,27g	11%

* RI (%) Reference Intake of an average adult 8400kJ/2000kcal

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NET WT: 100g^e



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